

Stoma Care in 90 Minutes



Living with and caring for a stoma can feel like a daunting prospect. This 90 minute course is designed to improve your confidence in minimising the physical, psychological and sociological problems that might arise as a result of a colostomy, ileostomy or urostomy.

8 things you will gain from attending this course:-

- Describe the reasons for the provision of stoma
- Understand the emotional, social & sexual consequences of living with an ostomy
- Be familiar with the current available products
- Know how to fit, empty & remove appliances
- Carry out effective ostomy toilet
- Know how to troubleshoot ostomy problems
- Know when to call for medical assistance
- State what records need to be maintained for effective ostomy care