



## Life-Story Work in 90 Minutes



This course is suitable for people working with those who have dementia. It will provide carers with an insight into the value of life story work and how it supports other interventions such as reminiscence and validation. Candidates should feel able to make a start on helping other people to collect and preserve important memories to make them accessible. Candidates can be assured that the course is fully referenced and based on best practice.

### What you will gain by attending:

- Overview of life-story work and its role in supporting people with dementia
- Benefits of using a life-story approach & the impact it can have in supporting a person-centred approach
- Receive practical tips on creating a life-story resource.