

Continence Management in 90 Minutes



Incontinence has a huge impact on the quality of peoples' lives. Every individual affected by incontinence has the right to receive an effective package of care to either eradicate the problem or reduce its impact on the person. This 90 minute course will help carers to minimise the: physical, social & psychological stress of the condition.

What people will gain from attending this course:-

- Describe the types & causes of incontinence
- Demonstrate an empathic understanding of how incontinence can affect people
- Explain the role of diet & fluids in the management of incontinence
- Know how to prevent & treat incontinence related skin problems
- Carry out a continence assessment
- List the environmental changes that can reduce functional continence
- Gain an awareness of current continence products
- Describe how a stroke can cause incontinence problems