

## Catheter Care in 90 Minutes



Catheterisation can play an important role in care but it is also the most common cause for health care acquired infection. This 90 minute course looks at how to maximise the benefits and minimise the problems.

### **8 things you will gain from attending this course:-**

- Describe the anatomy & physiology of the urinary tract
- Describe the reasons for using an indwelling catheter
- Safely; handle, empty & change a drainage bag
- Know how to troubleshoot catheter problems
- State what records are needed for effective catheter care management
- Specify the benefits of accurate fluid balance charts
- Understand how to reduce the risk of urinary tract infection
- Understand the psychosocial consequences of catheterisation.

