



# Advance Care Planning (ACP) in 90 Minutes



Advanced care planning is a process that enables people to think through the care issues that they may have to face towards the end of their life. This 90-minute course explores what needs to be done to create a plan of care to inform others of a person's best interests in case they lose the capacity to instruct people themselves.

## What you will gain by attending:

- Understand the legislation underpinning ACP
- Know how to complete an Advance Care Plan
- Become familiar with End of Life care tools
- Describe what is involved in effective spiritual support.